



HOW TO CREATE A SUCCESSFUL //2023// VISION BOARD

Why are vision boards so popular this year? Because they are effective! They help you visualize your highest self. Creating a vision board can help shift your mindset and be your best self 2023.

SO LET'S CREATE

STEP ONE

Pinterest is my favorite inspo source! Collect images that represent what you think your highest self looks like. What inspires you? What motivates you? I love finding my color palette. This helps shift my mood. Some girlys love a pop of color for energy and some, like me, love a neutral shade. Save photos that speak to YOU!

STEP TWO

Join Canva... this is seriously going to be your new best friend if it isn't already. Free templates, images, designs, instagram posts/stories... ya'll it's the best.

STEP THREE



Click my vision board and start creating!! Replace my pictures with your own inspo and then it's time to set it as your wallpaper! Visualize your goals everyday and crush it this year!! 2023 is the year for better energy, healthy mindset and habit building!!

vision board